



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance

National  
Responsible  
Fatherhood Clearinghouse



## NRFC Webinar Series

# *Understanding Trauma-Informed Programming: A Primer for Responsible Fatherhood Programs*

## Resources

**June 8, 2016**

The National Responsible Fatherhood Clearinghouse webinar – *Understanding Trauma-Informed Programming: A Primer for Responsible Fatherhood Programs*– explored trauma-informed principles and their relevance for work in fatherhood program settings. It is likely that many participants in fatherhood programs have been exposed to trauma. These experiences can impact key executive functioning skills such as how you think, feel, behave and relate to others. According to the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA), a trauma-informed approach can be implemented in any type of service setting and is distinct from trauma-specific interventions that are designed specifically to address the consequences of trauma and facilitate healing.

The following resources may be helpful for fatherhood programs and fathers.

### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

SAMHSA's [National Center for Trauma Informed Care](#) provides various resources including:

- [SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach](#), July 2014. This publication discusses the nature and impact of trauma and offers a framework for how an organization, system, or service sector can become trauma-informed. It includes a definition of trauma, a description of a trauma-informed approach, reasons that such an approach is beneficial, and ways to make personal, organizational, and systemic shifts to provide better support for trauma survivors.
- [Guiding Principles of Trauma-Informed Care](#), Spring 2014. This brief fact sheet gives an overview of the key ideas that drive a trauma-informed practice. For example, a trauma-informed organization is physically and psychologically safe, clients and staff are able to make choices, and the organization understands cultural, historical, and gender issues.
- [Trauma-Informed Approach and Trauma-Specific Interventions](#). This webpage provides a short overview of the key principles underlying SAMHSA's concept of a trauma-informed approach.

### **U.S. Department of Veterans Affairs (VA)**

- The VA's [National Center for PTSD](#) (<http://www.ptsd.va.gov/>) provides information, research findings, and education on trauma and PTSD for individuals, families, service providers, and researchers.
- The [myhealthvet website](#) includes a [PTSD Screening Form](#) and a link to a video [PTSD Treatment: Know Your Options](#).

**Take Time to Be a Dad Today**

Toll-free: 877-4DAD411 (877-432-3411) | Fax: 703-934-3740 | [info@fatherhood.gov](mailto:info@fatherhood.gov) | [www.fatherhood.gov](http://www.fatherhood.gov)

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**National Child Traumatic Stress Network (NCSTN)**

The [NCSTN website](#) includes resources and information, including a discussion of types of trauma and protective factors that can enhance resilience in young children and families.

**International Society for Traumatic Stress Studies (ISTSS)**

The [ISTSS website](#) provides a definition of Traumatic Stress and offers tips for finding help and treatment options.

**Child Welfare Information Gateway**

This website includes a section on [Trauma-Informed Practice](#) that provides information on building trauma-informed systems, assessing and treating trauma, and addressing secondary trauma in caseworkers. It also offers trauma resources for caseworkers, caregivers, and families.

**Chadwick Center for Children and Families**

The [Chadwick Trauma-Informed Systems Dissemination and Implementation Project \(CTISP-DI\)](#) is designed to help child welfare agencies become more trauma-informed. The work of CTISP-DI is guided by the [Essential Elements of a Trauma-Informed Child Welfare System](#), which defines the essential elements of a Trauma-Informed Child Welfare System.

**Manitoba Trauma Information and Education Centre (MTIEC)**

The MTIEC is a program of Klinik Community Health Centre in Winnipeg, Manitoba. Their [Trauma Toolkit](#) primarily aims to provide knowledge to service providers working with adults who have experienced or been affected by trauma. It will also help service providers and organizations to work from a trauma-informed perspective and develop trauma-informed relationships that cultivate safety, trust and compassion.

**The Trauma Informed Care Project, Des Moines, IA**

The [Trauma Informed Care Project](#) is funded by a grant from the Iowa Department of Human Services to provide resources and information with two broad goals: 1) To educate family-serving programs about Trauma and encourage them to examine policies, practices and organizational structures to help prevent re-traumatization of clients and staff; 2) To educate and train practitioners in evidenced based trauma informed services so that they can have available resources to send trauma survivors to receive services.

**Media**

[All Dads Matter 2011](#) – Program participants talking about benefits of the program (5 mins).

[Man Plays with Food](#) – All Dads Matter program activity with dads and kids (4:43 mins).

[Leadership for Life](#) – Probation program (10 mins).

[All Dads Matter Resource Center](#) – Lamar Henderson with tour of the Resource Center (1 min).

[Fathers and Daughters Film 2011](#) – Daughters talking about their relationship with their dad (23:33).