



U.S. Department of Health and Human Services
Administration for Children and Families
Office of Family Assistance



National
Responsible
Fatherhood Clearinghouse

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NRFC Webinar – May 18, 2017

Healthy Fathers, Healthy Families

Presenter Bios

Charles Daniels, Founder/CEO, Fathers' Uplift, Inc., Roxbury, MA

Charles witnessed his mother's struggles as a single parent and thought about what might have prevented his father from remaining active in his life. This led him to conclude, *"What if someone had been there to help him? It might have made a tremendous difference."* Charles created Fathers' Uplift to provide support and therapeutic relationship-building for fathers in low income communities. In his words, *"If we can identify the problems that are preventing men from being in their children's lives, we can find ways to help them work through those problems and remain engaged."* Charles holds a Bachelor's degree from Bethune-Cookman University and a Master's of Social Work (MSW) from the Simmons School of Social Work. He is a husband and proud father of a new baby, Clayton Charles Daniels.

Craig Garfield, Associate Professor, Northwestern University Feinberg School of Medicine, Chicago, IL

Craig is an Associate Professor in the Departments of Pediatrics and Medical Social Science at Northwestern University's Feinberg School of Medicine and an attending physician at the Anne and Robert Lurie Children's Hospital of Chicago. As a practicing physician-scientist, his research focuses on improving the health of children and families by understanding the role parents, particularly fathers, play in the health and wellbeing of children. He has been funded by NIH, RWJF, and the CDC. Craig's research findings have supported a more contemporary understanding of fathers, health and families.

Albert Pless, Jr., Program Manager, Cambridge Health Department, Cambridge, MA

Albert is the Program Manager for the Men's Health League at the Cambridge Public Health Department. Albert has over 20 years experience working in community-based programs in the Greater Boston area. Previously, he directed a nationally recognized community health worker program for Black and Latino men at the Boston Public Health Commission. Albert is on numerous boards and committee's including the Men's Health and Black Health Care Workers Caucuses of the American Public Health Association (APHA). He also co-facilitated fathers' groups for the Fatherhood program at the City of Cambridge's Center for Families. Albert received his Master of Science degree in Community Economic Development from Southern New Hampshire University in Manchester, NH.

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