



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance



## NRFC Webinar Series

### *The Importance of Co-Parenting and Relationship Skills: Helping Fathers Help Their Children*

July 31, 2019

### Helpful Resources

#### Publications by James McHale (referenced in webinar presentation)

- McHale, J., Fivaz-Depeursinge, E., Dickstein, S., Robertson, J., and Daley, M. (2008). [New Evidence for the Social Embeddedness of Infants' Early Triangular Capacities](#). *Family Process*, 47, 445-463.
- McHale, J. (2009). Shared child-rearing in nuclear, fragile, and kinship family systems: Evolution, dilemmas, and promise of a coparenting framework. In Schulz, M., Pruett, M., Kerig, P., & Parke, R., (eds.) [Strengthening couple relationships for optimal child development: Lessons from research and intervention](#) (pp. 77-94). Washington, D.C.: American Psychological Association.
- McHale, J. P., & Lindahl, K. M. (eds.) (2011). [Coparenting: A conceptual and clinical examination of family systems](#). American Psychological Association: Washington, DC.
- McHale, J. and Carter, D. (2012). Applications of Focused Coparenting Consultation with Unmarried and Divorced Families. *Faculty Publications*.
- McHale, J., Waller, M. R., & Pearson, J. (2012). [Coparenting interventions for fragile families: What do we know and where do we need to go next?](#) *Family Process*, 51, 284–306.
- McHale, J. and Coates, E. (2014). [Observed coparenting and triadic dynamics in African American fragile families at 3 months' postpartum](#). *Infant Mental Health Journal*, 35, 435-451.
- McHale, J., Salman-Engin, S., and Covert, M. (2015). [Improvements in Unmarried African American Parents' Rapport, Communication, and Problem-Solving Following a Prenatal Coparenting Intervention](#). *Family Process*, 54, 619-629.
- Coates, E. and McHale, J. (2018). [Triangular Interactions of Unmarried African American Mothers and Fathers with their 3-Month-Old Infants](#). *Journal of Child and Family Studies*, 27, 3096-3106.

#### Resources referenced by Aaron Ivchenko and Carolyn and Philip Cowan

- Child Find of America.
  - [Parenting apart: communication skills](#). (2009)
  - [A child's fundamental rights: a document for parents living apart](#). (2009)
- Cowan, C., Cowan, P., Pruett, K., and Pruett, M. (2017). [The Supporting Father Involvement \(SFI\) program](#).

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[facebook.com/fatherhoodgov](https://facebook.com/fatherhoodgov)



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## Other Articles and Resources for Practitioners

- Lamb, M. (2018). [Does shared parenting by separated parents affect the adjustment of young children?](#)
- McBride, J. (2008). [Healthy communication in stepfamilies](#). National Stepfamily Resource Center, Auburn University: Auburn, AL.
- The National Resource Center for Healthy Marriage and Families (2013). [Encouraging effective coparenting in blended families](#).
- National Responsible Fatherhood Clearinghouse:
  - Responsible fatherhood toolkit: resources from the field (2014). See section on [Working with fathers to enhance relationship skills](#).
  - Webinar (2010). [Integrating healthy marriage skills in fatherhood programs](#).
- Scott, M. (2002). [Co-parenting](#).
- Texas Attorney General's Office (2008). [For our children: learning to work together: co-parenting guide](#).
- U.S. Department of Health and Human Services, Office of Adolescent Health (2017). [Co-parenting: resources and best practices for service providers](#).
- Whitton, S., Sperber, K., Ludwig, K., Vissman, A. and Howard, H. (2018). [FRPN grantee report: evaluating mother and nonresidential father engagement in coparenting services in a fatherhood program](#).

## Books for Parents and Practitioners

- Ashley, S. (2001). *Fathers are forever: a co-parenting guide for the 21st century*.
- Klatte, W.C. (1999). *Live-away dads: staying a part of your children's lives when they aren't a part of your home*.
- Reynolds, R., Houlston, C., Coleman, L., and Harold, G. (2014). *Parental conflict: outcomes and interventions for children and families*.
- Ricci, I. (1997). *Mom's house, dad's house: a complete guide for parents who are separated, divorced, or remarried*.
- Woodall, K. and Woodhall, N. (2007). *Putting children first: a handbook for separated parents*.