



Relationship Education Assessment

The purpose of the National Resource Center for Healthy Marriage and Families' Relationship Education Assessment is to help human service providers better understand the importance of strengthening relationships when working with their clients. This assessment is designed to help identify areas for personal development in providing relationship education or assessing staff development needs at the agency or organizational level.

The Relationship Education Assessment assesses current understanding of relationship education as well as how relationship education is currently integrated into service delivery. The Relationship Education Assessment asks about knowledge, attitudes, and behaviors regarding healthy relationships, relationship education, and relationship skill-building activities. If possible, give the assessment to individuals with a variety of positions in the agency or organization. This will help give a more accurate picture of individual and agencywide strengths and areas where there is potential for growth.

INSTRUCTIONS: Read through the assessment and select the response that best represents your views and practices. Items are rated:

<i>Strongly Disagree</i>	<i>Disagree</i>	<i>Neutral</i>	<i>Agree</i>	<i>Strongly Agree</i>
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This assessment helps identify areas where staff are well prepared to strengthen clients' relationship skills as well as areas where staff might need additional training or support. By answering the questions on the Relationship Education Assessment, individuals are given the opportunity to reflect on their own knowledge, attitudes, and behaviors around relationship education. Individuals can review their results to consider areas for personal growth of skills or knowledge, and responses from individual members can be compared and assessed to get a more complete picture of agencywide needs. If desired, agencies can bring together groups of individuals to discuss the responses given.

When reviewing the responses, consider the following:

- What areas do individuals or the agency excel in?
- What areas need improvement?
- How can the Resource Center assist in improving those areas?

Healthy relationship education focuses on building and supplementing key interpersonal skills (e.g., communication, conflict resolution) and critical skills (e.g., parenting, financial literacy). These core healthy relationship skills are as important to succeeding in the workplace as they are in couple and family relationships, which makes integrating them into agency services an efficient and effective strategy. These skills can be integrated individually or collectively as part of a comprehensive relationship education program.

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RELATIONSHIP EDUCATION ASSESSMENT

Current Understanding of Healthy Marriage and Relationship Education and its Importance	<i>Strongly Disagree</i>	<i>Disagree</i>	<i>Neutral</i>	<i>Agree</i>	<i>Strongly Agree</i>
1. I understand the importance of healthy relationships for individuals, families, and communities.					
2. I generally understand the components of healthy relationship education as defined by the National Resource Center.					
3. I understand the ways in which healthy relationship education benefits the people I serve.					
4. I am aware of resources and programs within my agency's service delivery systems that are available to support healthy relationships.					
5. I am aware of local agencies and services that my agency could partner with to strengthen healthy relationships for individuals and families.					
6. I know how to integrate information on healthy relationships into my agency's services.					
7. I know where to find information on healthy relationship education and skill-building activities.					

Integrating Healthy Relationship Education In my current position:	<i>Strongly Disagree</i>	<i>Disagree</i>	<i>Neutral</i>	<i>Agree</i>	<i>Strongly Agree</i>
8. I incorporate key concepts of healthy relationships (e.g., care for self, nurturing relationships, and maintaining friendships) into my agency's services.					
9. I help the individuals, couples, and families my agency serves manage challenges in their relationships.					
10. I share healthy relationship skill-building information with those that my agency serves.					
11. I connect people to healthy relationship resources that my agency offers.					
12. I stay up to date on healthy relationship information and resources by routinely interacting (e.g. reading, attending a workshop, etc.) with relationship education information.					
13. I often make referrals to healthy relationship services available from other local agencies.					