

Clearinghouse on Child Abuse and Neglect Information
FD. Box 1182
Washington, DC. 20013

QUARTERLY PERFORMANCE REPORT

COVER SHEET

- 1. Grant Number: ⁹⁰~~09~~-CA-1357 ✓
- 2. Project Title: A Cost Effective Model to Prevent Child Abuse and Neglect by Teenage Parents
- 3. Grantee Name and Address:
Department of Social & Health Services of
Bureau of Parent Child Health Services
Olympia, Washington 98504
- 4. Telephone Number: (206) 753-7021 ✓
- 5. Period of Performance: Final Report
- 6. Approved Project Period: Final Report
- 7. Period Covered by Report: (check one)
First Quarter _____
Second Quarter _____
Third Quarter _____
Fourth Quarter _____
- 8. Principal Investigator's Name and Telephone Number: Maxine Hayes (206) 753-7021; Melinda Harmon (206) 753-6153
- 9. Author's Name and Telephone Number: Barbara Lee (206) 596-2987.
- 10. Date of Report: December 31, 1990
- 11. Report Number : #12
- 12. Name of Federal Project Officer: Lynne Heneson #12

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P.A.L.S.
Partners in Achieving Life Skills

**A Cost Effective Model
To Prevent Child Abuse and Neglect
By Teenage Parents**

**Division of Maternal and Child Health
U.S. Department of Health and Human Services
Federal Grant No. 90-CA-1357**

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December 1990

ACKNOWLEDGEMENT OF OHDS/ACYF SUPPORT

"This project was supported, in part, by grant award number, 90-CA-1357 from the Administration on Children, Youth and Families, Office of Human Development Services, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACYF policy."

PROJECT ABSTRACT

The P.A.L.S Project is a cost-effective prevention/intervention model that can be adapted to communities who are ready to implement or expand services to meet the needs of pregnant and parenting adolescents. The three tiered system of service delivery integrates an existing community network with the specific expertise of community health nurses, paraprofessionals, and community volunteers in a continuum of care. While each tier focuses on the individual client, each member of the multidisciplinary team has the potential to maximize intervention through a systematic, collaborative relationship that is established between the community health nurse, the paraprofessional, and the volunteer.

TIER THREE, the community health nurse, provides a comprehensive nursing assessment of the child and family, thereby identifying factors which may lead to child abuse and neglect. Direct involvement by the community health nurse is designed to be of limited duration. TIER TWO, paraprofessionals who serve as case managers, utilizes the Office of Adolescent Pregnancy ten core services as guidelines. They provide a broader focus of information and referral, advocacy, basic prevention education, and build relationships between the adolescent and other service providers. TIER ONE, community volunteers, establishes long term, trusting, supportive relationships with the adolescent, while providing friendship and support. They assist the adolescent in achieving life skills such as cooking, parenting, budgeting, and achieving educational goals.

Program evaluation utilized the Adult and Adolescent Parenting Inventory, a standardized and normed evaluative tool. Informal tools measured social adjustment issues, and collected volunteer background information. The adolescents in the program demonstrated increased knowledge in child development, parenting issues, and had increased their levels of support systems.

Clearly, providing a supportive network that enhances learning through trust and friendship has a positive impact on the adolescent who is pregnant or parenting, and provides for a healthier outcome for the child. The use of volunteers to accomplish this, is cost effective and breaks through barriers often encountered by professional staff.

POLICY/PROGRAM IMPLICATIONS PAPER

See Puget Sound Research Associates' evaluation component.

DISSEMINATION AND UTILIZATION PAPER

Dissemination of the P.A.L.S. PROJECT included the following communities and agencies who were interested in the project as a whole concept, or were looking for ideas to expand or enhance their existing programs:

Jefferson County Health Department used the model to set up a program from scratch. Materials were shared and technical assistance given as requested.

Deaconess Children's Center in Snohomish County requested technical assistance through inservicing staff on working with adolescent parents and their children. The Mother Infant Communication Project curriculum was presented.

The Child Abuse Prevention and Treatment Center and the Big Brothers Big Sisters Teen Parent Program both requested technical assistance through inservicing staff, shared retreats for volunteers and co-sponsored activities. The Mother Infant Communication Project curriculum was presented.

Through a Volunteer Coordinators Support Network, the P.A.L.S. PROJECT was shared at bi-monthly meetings with programs from all over the state.

Published:

P.A.L.S. Partners in Achieving Life Skills; A Cost Effective Model To Prevent Child Abuse and Neglect By Teenage Parents Barbara Lee, 1990.

Presented:

Washington Alliance For School Aged Parents, 1990 Conference, Seattle, Washington

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INTRODUCTION

See Puget Sound Research Associates' evaluation component.

METHODOLOGY

See Puget Sound Research Associates' evaluation component.

RESULTS

See Puget Sound Research Associates' evaluation component.

DISCUSSION AND IMPLICATIONS OF RESULTS

See Puget Sound Research Associates' evaluation component.

SUMMARY

See Puget Sound Research Associates' evaluation component.

BIBLIOGRAPHY

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- Wilson, Marlene. The Effective Management of Volunteer Programs, Colorado, Johnson Publishing Co., 1982.

APPENDICES

See Project Manual.

FINANCIAL STATUS REPORT

(Long Form)

(Follow instructions on the back)

1. Federal Agency and Organizational Element to Which Report is Submitted Office of Human Development Serv.		2. Federal Grant or Other Identifying Number Assigned By Federal Agency 90CA1357/02		OMB Approval No. 0348-0039	Page of 1 of 1 pages																																																																																												
3. Recipient Organization (Name and complete address, including ZIP code) Department Of Social & Health Services Division of Parent & Child Health Mail Stop LC-16 Olympia, WA 98504																																																																																																	
4. Employer Identification Number 91-6001088		5. Recipient Account Number or Identifying Number 010-5831		6. Final Report <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No																																																																																													
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10. Transactions: <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 15%;">I Previously Reported</th> <th style="width: 15%;">II This Period</th> <th style="width: 10%;">III Cumulative</th> </tr> </thead> <tbody> <tr> <td>a. Total outlays</td> <td style="text-align: right;">227,286</td> <td style="text-align: center;">-0-</td> <td style="text-align: right;">227,286</td> </tr> <tr> <td>b. Refunds, rebates, etc.</td> <td></td> <td></td> <td></td> </tr> <tr> <td>c. Program income used in accordance with the deduction alternative</td> <td></td> <td></td> <td></td> </tr> <tr> <td>d. Net outlays (Line a, less the sum of lines b and c)</td> <td style="text-align: right;">227,286</td> <td style="text-align: center;">-0-</td> <td style="text-align: right;">227,286</td> </tr> <tr> <td colspan="4">Recipient's share of net outlays, consisting of:</td> </tr> <tr> <td>e. Third party (in-kind) contributions</td> <td></td> <td></td> <td></td> </tr> <tr> <td>f. Other Federal awards authorized to be used to match this award</td> <td></td> <td></td> <td></td> </tr> <tr> <td>g. Program income used in accordance with the matching or cost sharing alternative</td> <td></td> <td></td> <td></td> </tr> <tr> <td>h. All other recipient outlays not shown on lines e, f or g</td> <td style="text-align: right;">100,640</td> <td style="text-align: center;">-0-</td> <td style="text-align: right;">100,640</td> </tr> <tr> <td>i. Total recipient share of net outlays (Sum of lines e, f, g and h)</td> <td style="text-align: right;">100,640</td> <td style="text-align: center;">-0-</td> <td style="text-align: right;">100,640</td> </tr> <tr> <td>j. Federal share of net outlays (line d less line i)</td> <td style="text-align: right;">126,646</td> <td style="text-align: center;">-0-</td> <td style="text-align: right;">126,646</td> </tr> <tr> <td>k. Total unliquidated obligations</td> <td></td> <td></td> <td style="text-align: center;">-0-</td> </tr> <tr> <td>l. Recipient's share of unliquidated obligations</td> <td></td> <td></td> <td style="text-align: center;">-0-</td> </tr> <tr> <td>m. Federal share of unliquidated obligations</td> <td></td> <td></td> <td style="text-align: center;">-0-</td> </tr> <tr> <td>n. Total federal share (sum of lines j and m)</td> <td></td> <td></td> <td style="text-align: right;">126,646</td> </tr> <tr> <td>o. Total federal funds authorized for this funding period</td> <td></td> <td></td> <td style="text-align: right;">126,646</td> </tr> <tr> <td>p. Unobligated balance of federal funds (Line o minus line n)</td> <td></td> <td></td> <td style="text-align: center;">-0-</td> </tr> <tr> <td colspan="4">Program income, consisting of:</td> </tr> <tr> <td>q. Disbursed program income shown on lines c and/or g above</td> <td></td> <td></td> <td></td> </tr> <tr> <td>r. Disbursed program income using the addition alternative</td> <td></td> <td></td> <td></td> </tr> <tr> <td>s. Undisbursed program income</td> <td></td> <td></td> <td></td> </tr> <tr> <td>t. Total program income realized (Sum of lines q, r and s)</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>							I Previously Reported	II This Period	III Cumulative	a. Total outlays	227,286	-0-	227,286	b. Refunds, rebates, etc.				c. Program income used in accordance with the deduction alternative				d. Net outlays (Line a, less the sum of lines b and c)	227,286	-0-	227,286	Recipient's share of net outlays, consisting of:				e. Third party (in-kind) contributions				f. Other Federal awards authorized to be used to match this award				g. Program income used in accordance with the matching or cost sharing alternative				h. All other recipient outlays not shown on lines e, f or g	100,640	-0-	100,640	i. Total recipient share of net outlays (Sum of lines e, f, g and h)	100,640	-0-	100,640	j. Federal share of net outlays (line d less line i)	126,646	-0-	126,646	k. Total unliquidated obligations			-0-	l. Recipient's share of unliquidated obligations			-0-	m. Federal share of unliquidated obligations			-0-	n. Total federal share (sum of lines j and m)			126,646	o. Total federal funds authorized for this funding period			126,646	p. Unobligated balance of federal funds (Line o minus line n)			-0-	Program income, consisting of:				q. Disbursed program income shown on lines c and/or g above				r. Disbursed program income using the addition alternative				s. Undisbursed program income				t. Total program income realized (Sum of lines q, r and s)			
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