Men’s Health and Fatherhood: What Do Dads Need to Know?

Presenter Bios

Armin Brott, Founder, MrDad.com
Armin is an author, columnist, and radio host. He is a pioneer in the field of fatherhood and has been building better fathers for more than a decade. He is also a member of the Board of Advisors for the Men’s Health Network and Co-founder of Healthy Men, Inc.

As the author of eight bestselling books on fatherhood, he’s helped millions of men around the world become the fathers they want to be—and that their children need them to be. Armin has been a guest on hundreds of radio and television shows, including Today, CBS Overnight, Fox News, and Politically Incorrect, and his work on fatherhood has been featured in such places as Glamour, Time, The New York Times, The Chicago Tribune, Newsday, and many others. As a trusted spokesperson, Armin speaks on fatherhood around the country and teaches classes for expectant and new dads. Armin is a father of three and lives in Larkspur, CA.

Craig Garfield, MD, MAPP, Lurie Children’s Hospital/Northwestern University Feinberg School of Medicine, Chicago, IL
Craig is Director of the Family and Child Health Innovations Program (FCHIP), which he introduced in 2020 as a way to improve child health outcomes. His focus with FCHIP is to understand the roles of parents in a wide variety of family contexts and identify how to enhance parental contributions to children’s health and development. Craig is also a Professor in the Departments of Pediatrics and Medical Social Science at Northwestern University’s Feinberg School of Medicine and an attending physician at Ann & Robert Lurie Children’s Hospital of Chicago. He focuses on child health within the context of the family, with an emphasis on the social influencers of health and the role of fathers, and also pays special attention to the ability of technology to support parenting.
Derrick Gordon, Ph.D., Associate Professor of Psychiatry, Yale University School of Medicine

Derrick is Director of the Program on Male Development in the Division of Prevention and Community Research of the Department of Psychiatry and a Core scientist in the Community Research Core of the Center for Interdisciplinary Research on AIDS (CIRA). His work with men focuses on increasing the health of men and their positive involvement in family and community life. Overall, his research seeks to identify factors that enhance the access and use of preventive and indicated health care services by men on the “fringes.”

Derrick has served as an investigator on several federal, NIH, and state funded projects focused on factors that support or undermine men transitioning from prison back to the community; the engagement of low-income, non-custodial fathers; the identification and service of adolescent fathers committed to child protection services; and men mandated to batterer intervention groups in the community. He is currently a co-investigator and a minority supplement recipient on an NIH funded project that examines the STI risk of heterosexual young men to their pregnant female partners. Derrick is interested in understanding how the young men use preventive health care services and the factors that either facilitate or inhibit their access. As a mentor, he helps pre- and post-doctoral fellows explore issues like adolescent fatherhood, low income fatherhood status, transitioning from prison to the community, and how men’s access and use of health care services impact their efforts to be healthy community members.